



RAMA
UNIVERSITY

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FACULTY OF NURSING

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UNDER FIVE CLINICS

Under five clinic is a centre, where preventive , promotive, curative, referral and educational services are provided in a package manner to under five children under one roof.



GOAL

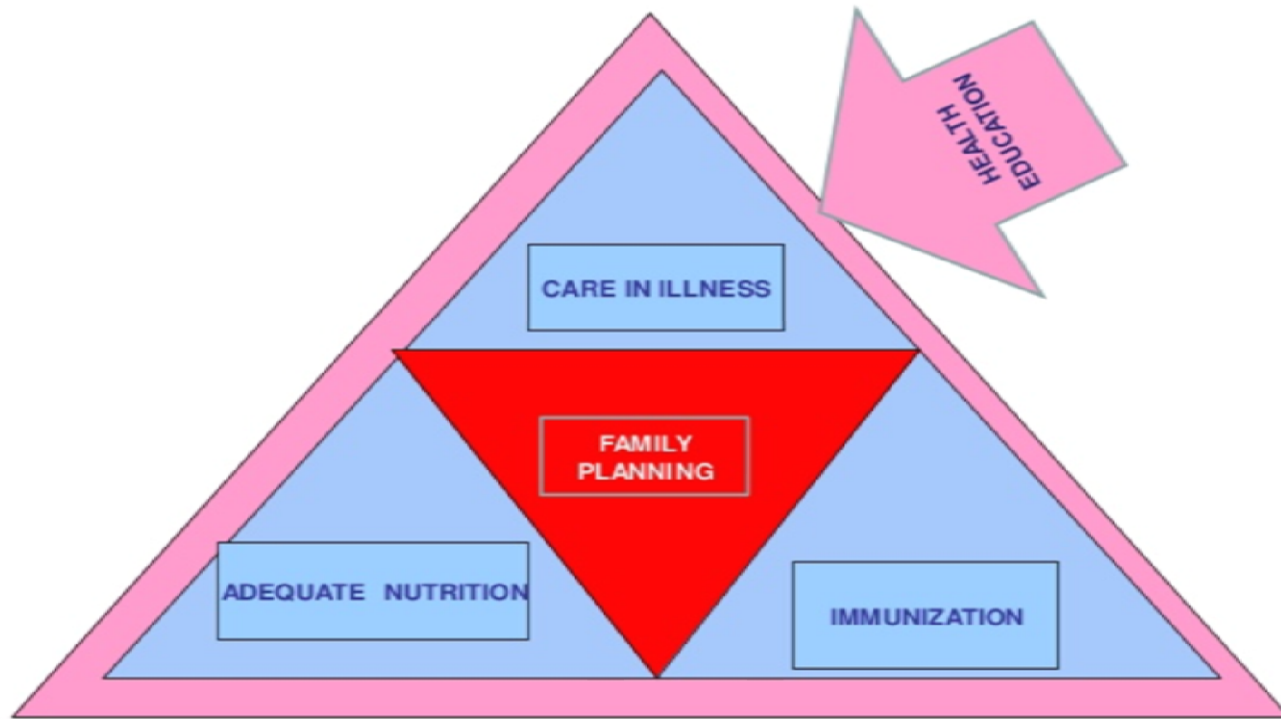
- ④ To overall goal of under five clinic is to provide comprehensive health care to young children in a specialized facility.



The under five clinic is represented by traditional logo of a triangle with four internal triangles and an outer enveloping triangle as shown in the Fig In next slide .



SYMBLE OF UNDER FIVE CLINIC



AIMS & OBJECTIVES

Care in illness:

Children are treated for acute and chronic illnesses and ailments of growth and development at these clinic. Nurse can play an important role in taking care of sick children.

GROWTH MONITORING

- ④ **This is one of the most important function of the clinic. The child is weighed periodically- every month during the first year , every 2 monthly from 1 to 3 years of age and every 3 monthly in 4th and 5th years. Besides weighing, measuring height, mid arm circumference can also be carried out depending upon the availability of trained manpower and equipments. The growth is plotted in the growth chart then growth curve is prepared to monitor the growth of the child.**



PREVENTIVE CARE

This includes

- Ⓡ Timely physical examination of the children.
- Ⓡ Immunization
- © Nutritional care
- © Oral rehydration therapy



FAMILY PLANNING-

Family planning is a central to any program directed towards women and children. The mothers are more receptive to family planning during early puerperium and lactation. Mother is counselled on the various options available , their merits and demerits so that she can make choice.



HEALTH EDUCATION

This clinic is used to educate the mother about child care, breast feeding, nutrition growth monitoring, immunization, cleanliness etc...



ROLE OF NURSES

- ❖ **SELECTION OF PLACE AND DAYS OF CLINIC,**
- ❖ **ARRANGING EQUIPMENT**
- ❖ **ARRANGING THE ENTERTAINMENT FACILITIES**
- ❖ **PROVIDING IMMUNIZATION SERVICES**
- ❖ **GIVING WARM WELCOME TO MOTHER AND CHILDREN**
- ❖ **MAINTAINING GROWTH CHART,IMMUNIZATION CARD**
- ❖ **RECORDING GENERAL EXAMINATION , NUTRITIONAL LEVEL
AND WEIGHT OF THE CHILD**

ASSESSING GROWTH AND DEVELOPMENT OF THE CHILD

CARRY OUT PHYSICAL EXAMINATION

**PREVENTION AND TREATMENT OF GENERAL DISEASES AND
INJURIES AND REFERRING THE CRITICAL PATIENTS.**

PROVIDING HEALTH EDUCATION TO MOTHERS.

ASSESSING GROWTH AND DEVELOPMENT OF THE CHILD.

CARRY OUT PHYSICAL EXAMINATION.

**PREVENTION AND TREATMENT OF GENERAL DISEASES AND
INJURIES AND REFERRING THE CRITICAL PATIENTS.**

PROVIDING HEALTH EDUCATION TO MOTHERS.



THANK YOU