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**UNIVERSITY**

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## FACULTY OF NURSING

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**ECOPRESIS**

# Definition

Ecopresis also known as paradoxical diarrhoea is involuntary fecal soiling in children who are past the age of toilet training

# Etiology

- Stress
- Environmental changes
- Incomplete relaxation of the inner sphincter
- Genetic predisposition
- Involuntary control of bladder

# Clinical features

Dilation of lower bowel

Loose stool, diarrhoea

Offensive body odour

# Management

- Empathy of colon of stool
- Promote regular bowel habits
- Behaviour therapy for modification of child 's behaviour
- Administer enema if needed
- Developing regular toilet habits

# Nursing management

- Advised to take proper diet
- Reinforce proper toilet training habits
- Behaviour modification techniques must be used
- Use laxatives and stool softness in case of constipation

**THANK**

**YOU**