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FACULTY OF NURSING

IMNCI

INTEGRATED MANAGEMENT OF NEONATAL AND CHILDHOOD ILLNESS

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Introduction

- Over the last 3 decades the annual number of deaths among children less than 5 years of age has decreased by almost a third.
- However, this reduction has not been evenly distributed throughout the world. Every year more than 10 million children die in developing countries before they reach their fifth birthday.

- Seven in 10 of these deaths are due to acute respiratory infections (mostly pneumonia), diarrhoea, measles, malaria, or malnutrition and often to a combination of these illnesses.
- In India, common illnesses in children under 3 years of age include fever (27%), acute respiratory infections (17%), diarrhoea (13%) and malnutrition (43%) and often in combination (National Family Health Survey.

COMPONENTS

- The IMNCI strategy includes both preventive and curative interventions that aim to
- improve practices in health facilities, the health system and at home. At the core of the
- strategy is integrated case management of the most common neonatal and childhood
- problems with a focus on the most common causes of death.

The strategy includes three main components:

- 1. Improvements in the case-management skill health staff through the provision of locally-adapted guidelines on Integrated Management of Neonatal and Childhood Illness and activities to promote their use;
- 2. Improvements in the overall health system required for effective management of neonatal and childhood illness;
- **3.** Improvements in family and community health care practices.

PRINCIPLES

- Therefore, the IMNCI guidelines recommend case management procedures based on two age categories:
- Young infants age up to 2 months
- Children age 2 months up to 5 years

The IMNCI guidelines are based on the following principles:

- All sick young infants up to 2 months of age must be assessed for "possible bacterial infection / jaundice". Then they must be routinely assessed for the major symptom "diarrhoea".
- All sick children age 2months up to 5 years must be examined for "general danger signs" which indicate the need for immediate referral or admission to a hospital. They must then be routinely assessed for major symptoms: cough or difficult breathing, diarrhoea, fever and ear problems.
- All sick young infants and children 2 months up to 5 years must also be routinely assessed for **nutritional and immunization** status, feeding problems, and other potential problems.

- ❖ Only a limited number of carefully selected clinical signs are used, based on evidence of their sensitivity and specificity to detect disease. These signs were selected considering the conditions and realities of first-level health facilities.
- A combination of individual signs leads to an infant's or a child's classification(s) rather than a diagnosis. Classification(s) indicate the severity of condition(s). They call for specific actions based on whether the infant or child (a) should be urgently referred to a higher level of care, (b) requires specific treatments (such as antibiotics or anti malarial treatment), or (c) may be safely managed at home.

The classifications are colour coded:

- "Pink" suggests hospital referral or admission
- "Yellow" indicates initiation of specific treatment, and
- "Green" calls for home management.

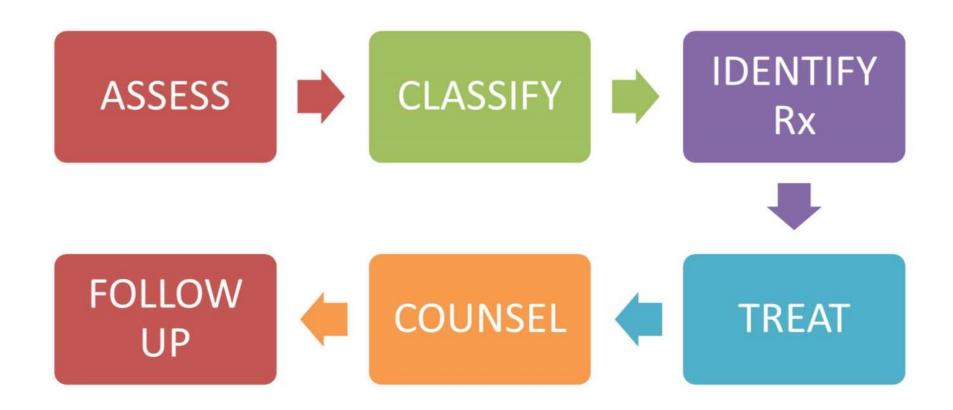
CLASSIFICATION TABLES -

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URGENT HOSPITAL REFERRAL INITIATION OF TREATMENT **ADVICE & SENT HOME**

IMNCI Case Management

Process



•

For all sick children age up to 5 years who are brought to a first -level health facility

ASSESS the child: Check for danger signs (or possible bacterial infection /Jaundice). Ask about main symptoms. If a main symptom is reported, assess further. Check nutrition and immunization status. Check for other problems.

CLASSIFY the child's illness: Use a colour-coded triage system to classify the child's main symptoms and his or her nutrition or feeding status.



Cont...

IF URGENT REFERRAL

is needed and possible

IDENTIFY URGENT PRE-REFERRAL TREATMENT(S)

Needed for the child's classifications.

TREAT THE CHILD: Give urgent pre-referral treatment(s) needed.

IF NO URGENT REFERRAL is

needed or possible

IDENTIFY TREATMENT

needed for the child's classifications: identify specific medical treatments and/or advice.

of oral drugs in the clinic ad/or advise the child's caretaker. Teach the caretaker how to give oral drugs and how to treat local infections at home. If needed, give immunizations.

Cont...

REFER THE CHILD: Explain to the child's caretaker the need for referral. Calm the caretaker's fears and help resolve any problems.

Write a referral note. Give instructions and supplies needed to care for the child on the way to the hospital.

counsel the mother: Assess the child's feeding, including breastfeeding practices, and solve feeding problems, if present.

Advise about feeding and fluids during illness and about when to return to a health facility. Counsel the mother about her own health.

FOLLOW-UP care: Give follow-up care when the child returns to the clinic and, if necessary, reassess the child for new problems.



OUTPATIENT MANAGEMENT OF YOUNG INFANTS (age up to 2 months)

OUTPATIENT HEALTH FACILITY

CHECK FOR POSSIBLE BACTERIAL INFECTION/ JAUNDICE

Assess the SYMPTOM

? Diarrhoea

Check for FEEDING
PROBLEM or
MALNUTRITION and
IMMUNIZATION STATUS

CLASSIFY CONDITIONS and IDENTIFY TREATMENT ACTIONS

According to Colour-Coded Treatment Charts

PINK

Urgent Referral

OUTPATIENT HEALTH FACILITY

- Pre-referral
 Treatments
- Advise Parents
- Refer young infant

REFERRAL FACILITY

- Emergency Triage and Treatment
- Diagnosis
- Treatment
- Monitoring and Follow-up

YELLOW

Treatment at
Outpatient Health
Facility

OUTPATIENT HEALTH FACILITY

- Treat Local Infection
- Give Oral Drugs
- Advise and Teach Caretaker
- Follow-up

GRFFN

Home Management
HOME Caretaker is
counselled how to:

- Give oral drugs
- Treat local infections
- Continue exclusive breastfeeding
- Keep the young infant warm
- When to return immediately
- Follow-up



OUTPATIENT MANAGEMENT OF SICK CHILD (Age 2 months - 5 years)

OUTPATIENT HEALTH FACILITY

CHECK FOR DANGER SIGNS

- > Convulsions
- > Lethargy/Unconsciousness
- > Inability to Drink/Breastfeed
- > Vomiting

Assess MAIN SYMPTOMS

- > Cough/Difficulty Breathing
- > Diarrhoea
- >Fever
- > Ear Problems

Assess NUTRITION and IMMUNIZATION STATUS and POTENTIAL FEEDING PROBLEMS

Check for OTHER PROBLEMS

CLASSIFY CONDITIONS and IDENTIFY TREATMENT ACTIONS

According to Colour-Coded Treatment Charts

PINK

Urgent Referral
OUTPATIENT
HEALTH FACILITY

- Pre-referral
 Treatments
- Advise Parents
- Refer Child

YELLOW Treatment

OUTPATIENT HEALTH FACILITY

- Treat Local Infection
- Give Oral Drugs
- Advise and Teach
- Caretaker
- Follow-up

GREEN

Home Management
HOME Caretaker is
counseled on how
to:

- Give oral drugs
- Treat local infections at home
- Continue feeding
- When to return immediately
- Follow-up

PINK

Urgent Referral

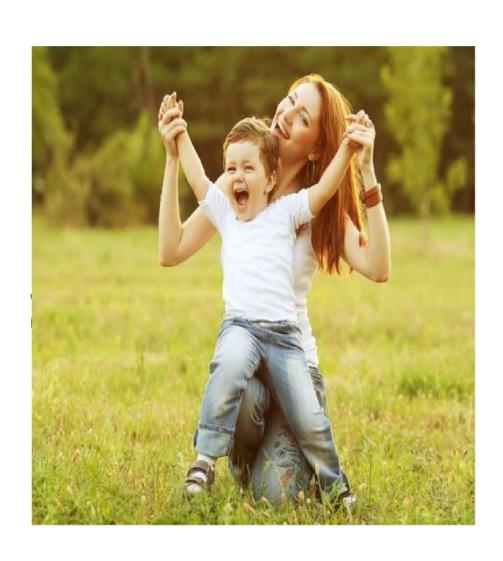
REFERRAL FACILITY

- Emergency
- Triage and Treatment (ETAT)
- Diagnosis
- Treatment
- Monitoring and
- Follow-up

EFFECTIVE COMMUNICATION & COUNSELLING

^APAC

- O Ask and listen
- **O** Praise
- O Advise
- O Check



THANK YOU