



RAMA
UNIVERSITY

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FACULTY OF NURSING



UNIT-8TH M.S.N 1ST HYPOGLYCEMIA

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HYPOGLYCEMIA

DEFINITION: Blood glucose level is less than 70 mg/dl is called hypoglycemia.

STAGES: Mild <60 mg/dl

Moderate <40mg/dl

Sever <20 mg/dl

CAUSES

- Excessive alcohol drinking
- Some critical illness
- Over production of insulin
- Hormone deficiencies

SIGN AND SYMPTOMS

- EARLIEST SYMPTOMS: Sweating
- Decrease B.P
- Increase heart rate
- Lack of response
- Drowsiness
- Lethargic
- Weakness
- May be loss of partial consciousness
- Seizures

DIAGNOSIS

- Blood glucose level
- History collection
- Physical examination

- **MANAGEMENT:**

- Chocolate
- Sweets & toffee
- Liquid fruit juice
- I.V. Infusion dextrose 10%