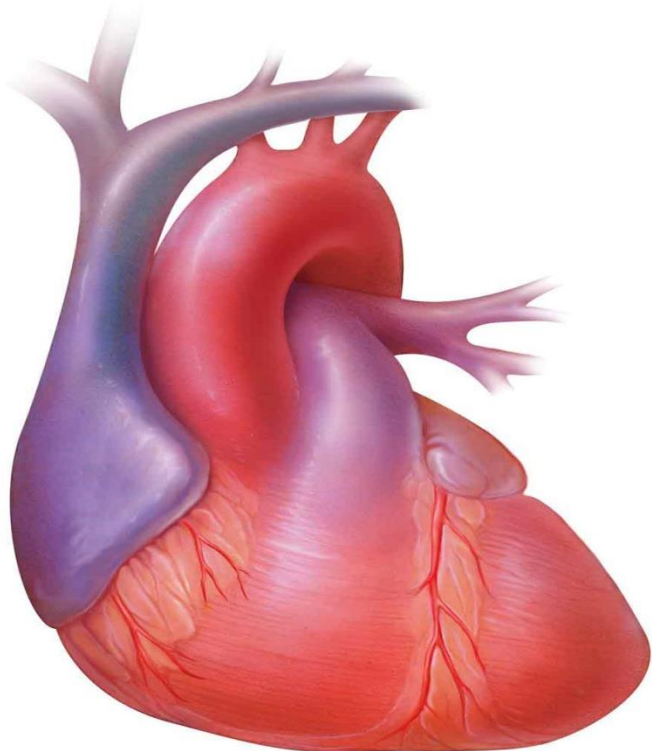




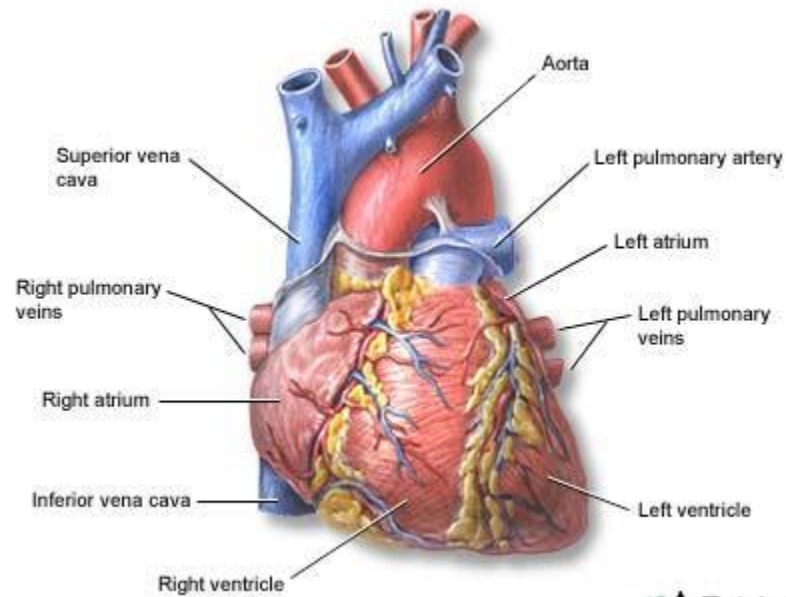
## FACULTY OF NURSING SCIENCES

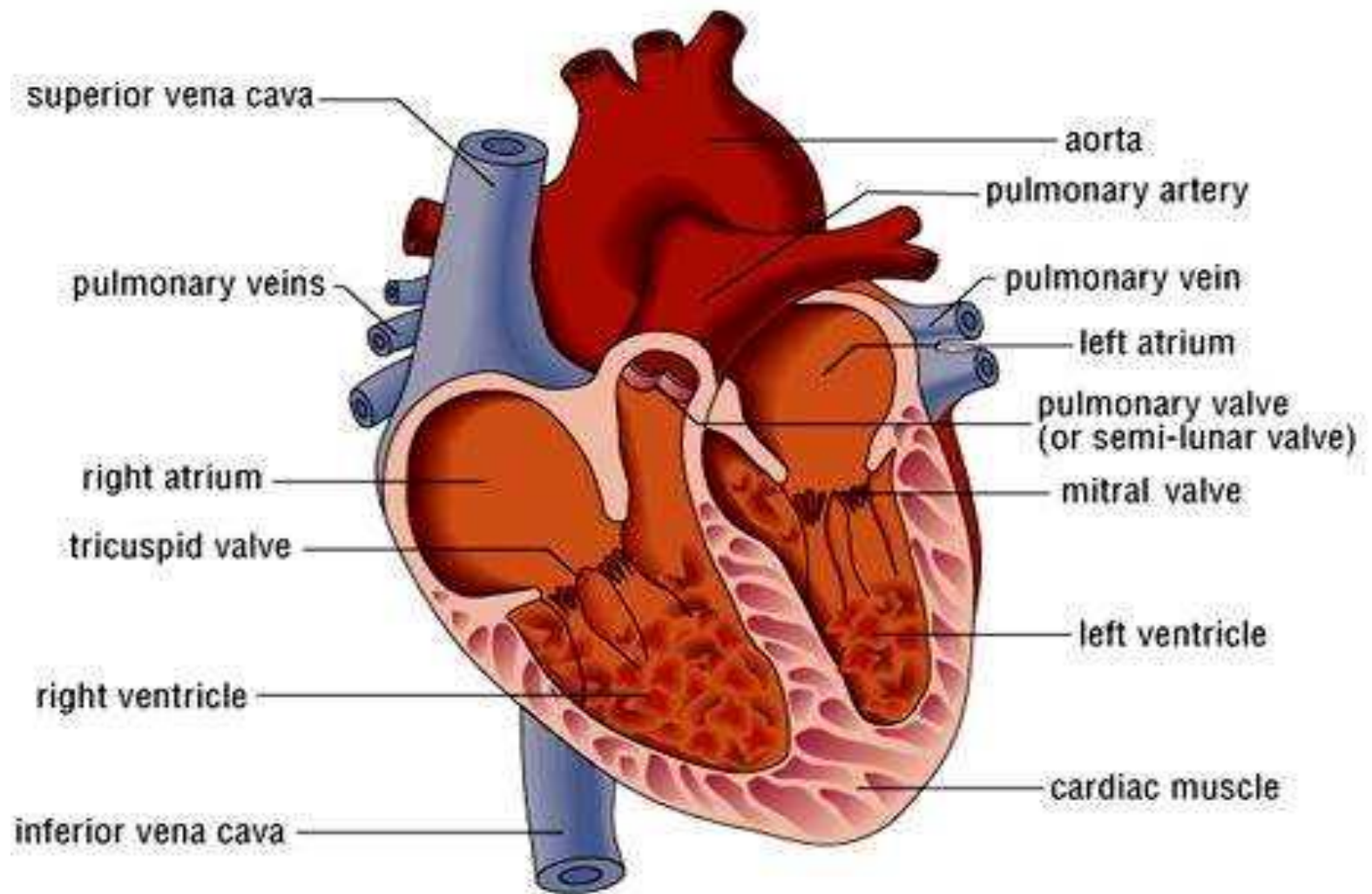
**By- SUDHA BENJAMINI**  
**Associate Professor**  
**Faculty of Nursing**

# CARE OF PATIENT WITH CARDIAC SURGERY

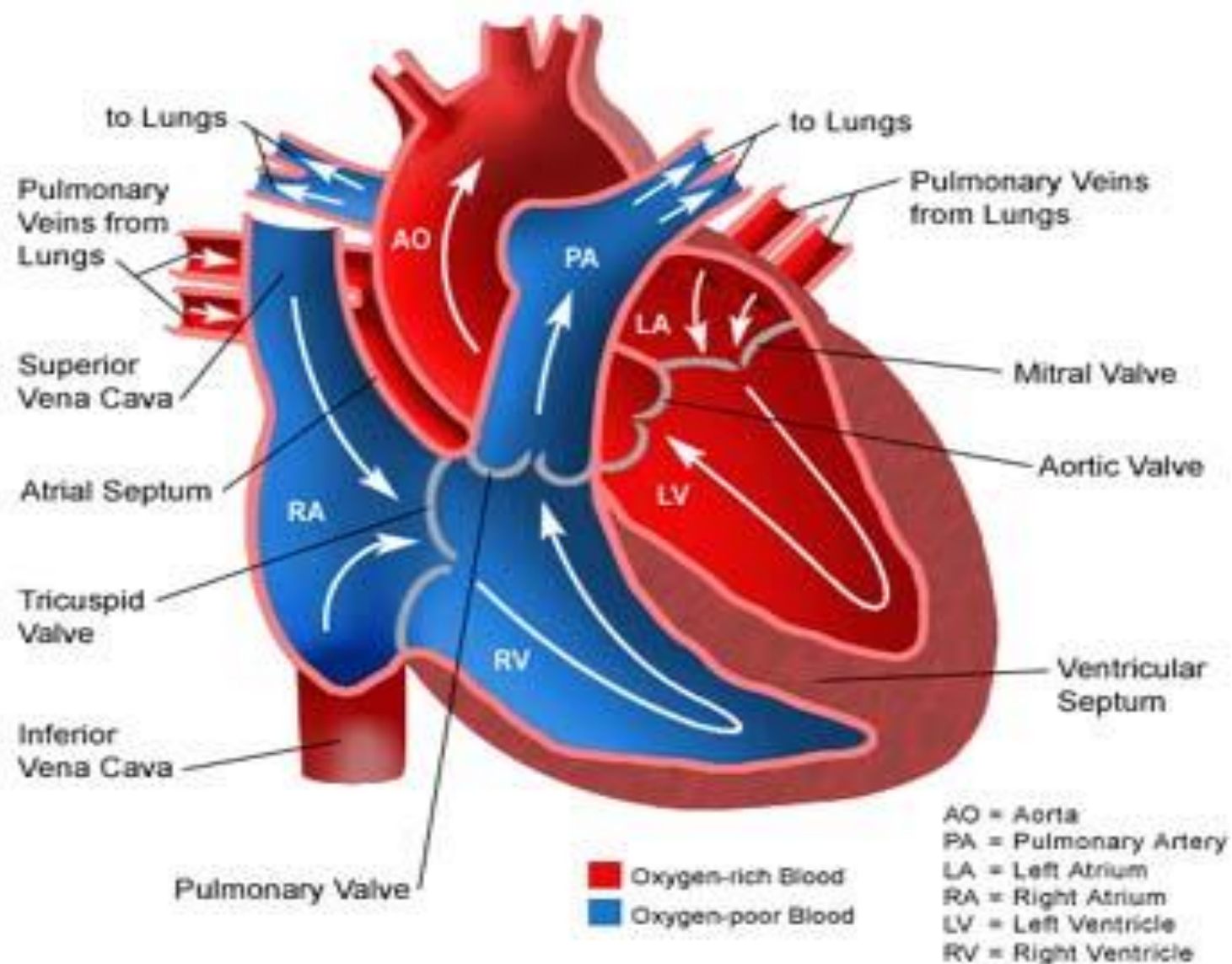


# ANATOMY OF HEART

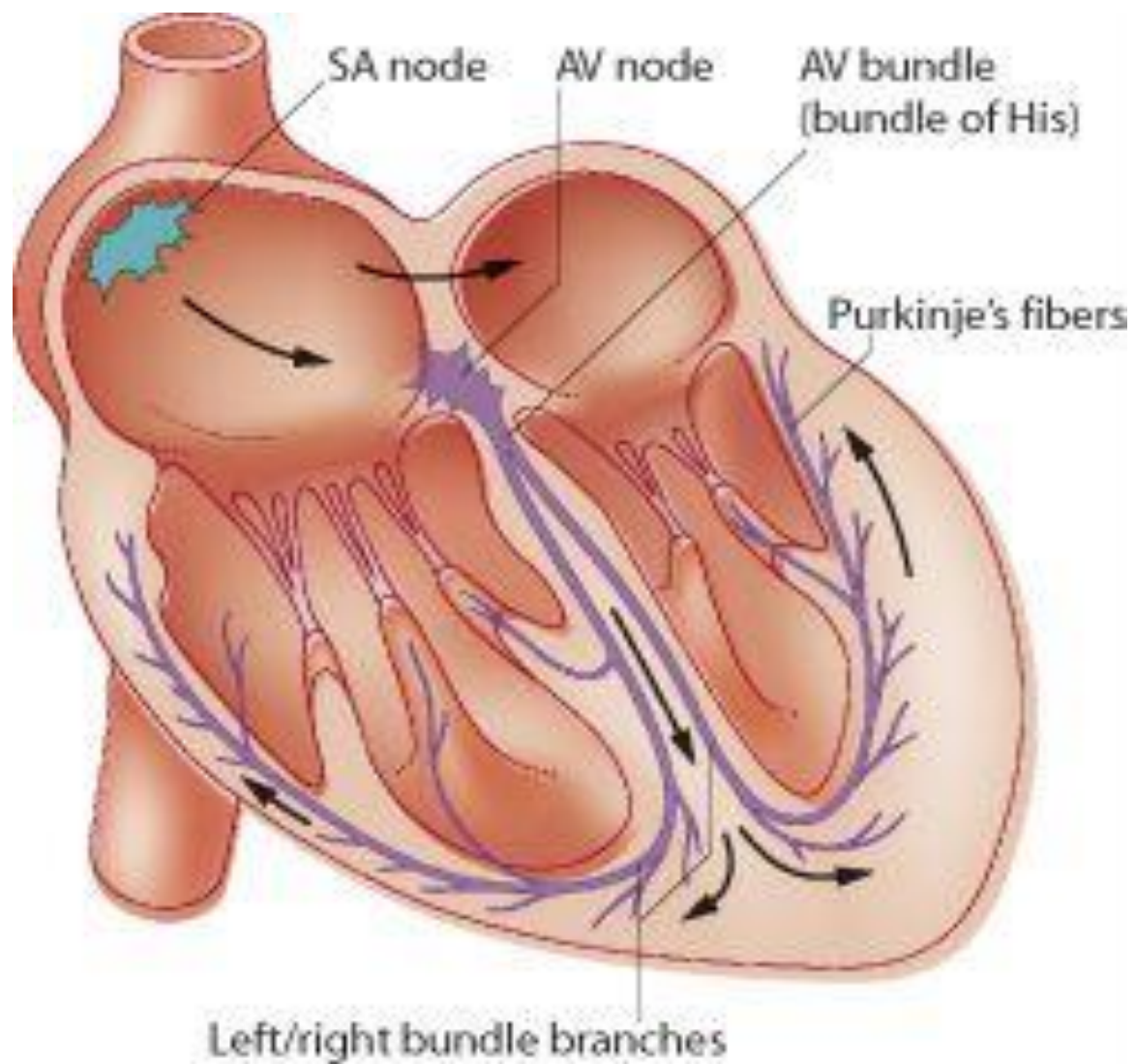




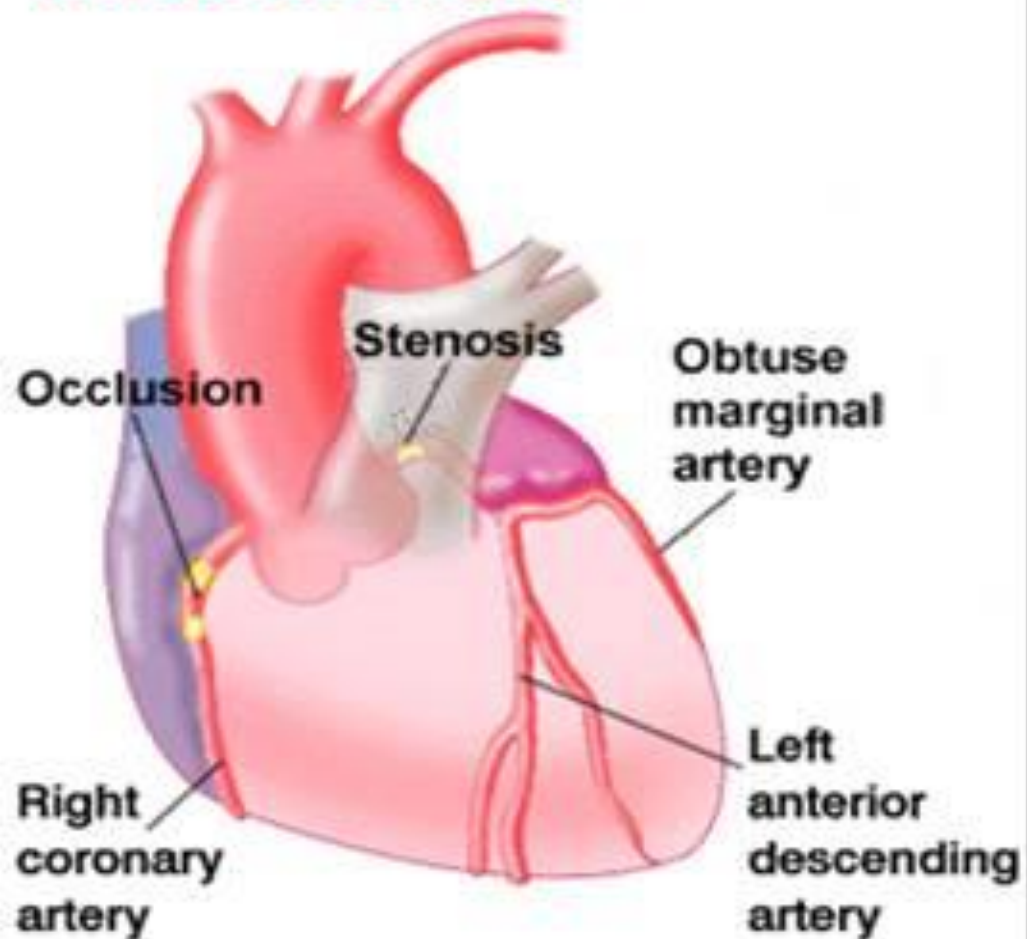
## Normal Heart







***A. Simplified view of diseased heart before surgery***

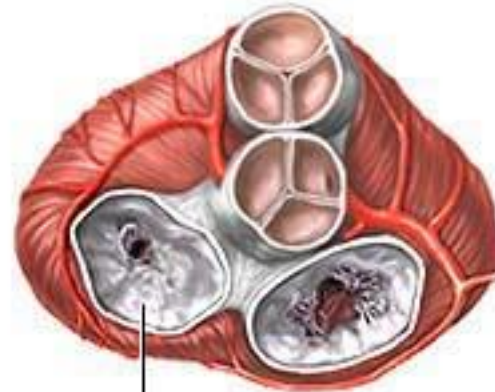


# CARDIAC SURGERY

Culter and Levine - 1923



Normal  
mitral valve

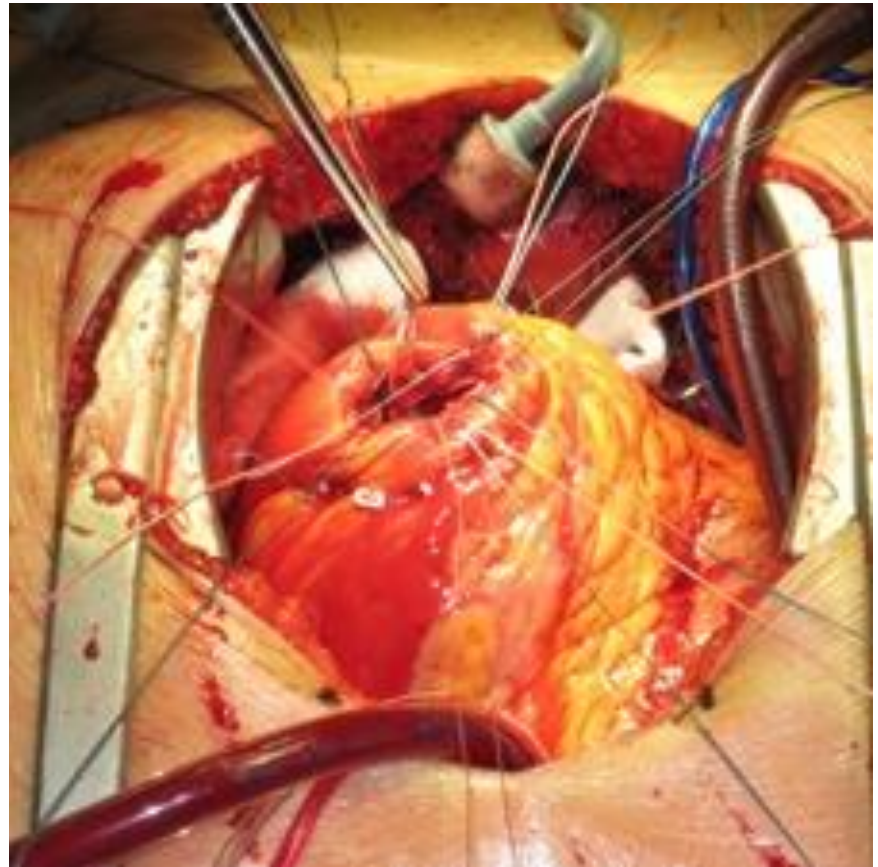


Narrowing of  
mitral valve  
(mitral valve stenosis)



# TYPES OF HEART SURGERY

- Open heart surgery
- Closed heart surgery



# Closed heart surgery

- Performed without the benefit or hazards of extracorporeal circulation
- ECC- is a procedure in which a machine completely control the cardiopulmonary function
- Example
  1. Closed mitral commissurotomy
  2. Implantation of an internal mammary gland
  3. Procedures that correct abnormal congenital shunt

# Open heart surgery

➤ Allow the surgeon to directly visualize the heart

➤ Examples

1. Replacement of diseased valve with a prosthetic valve

2. Heart transplantation

➤ Slow the patients circulation for a period of time without causing brain anoxia

➤ Detour the blood that normally enter the heart and lungs through an artificial heart lung machine

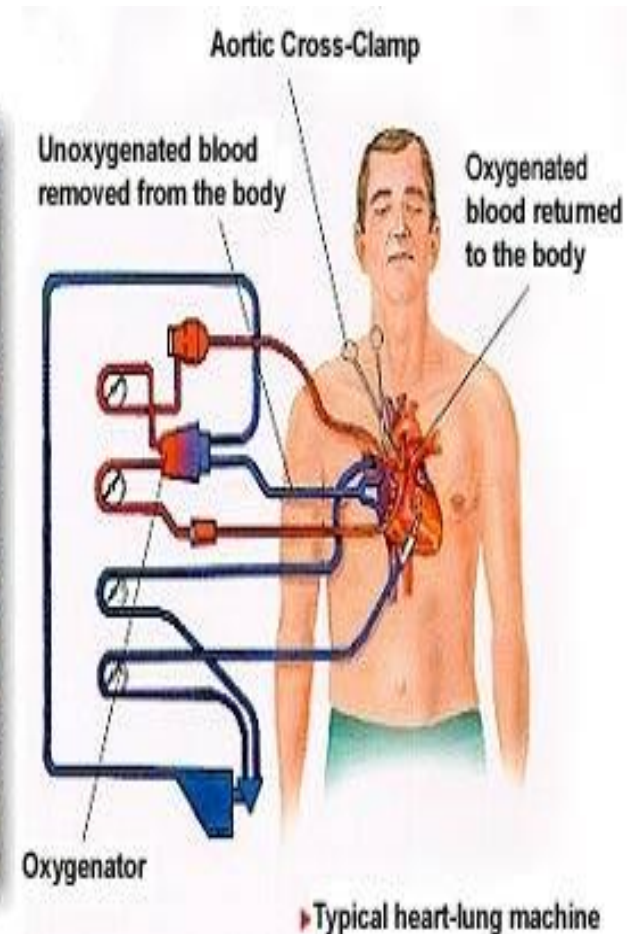
• Techniques to make open heart surgery

1. Hypothermia

2. ECC

- Heart lung machine

- To divert the circulation from the heart and lungs
- Perform all gas exchange functions
- To filter rewarm or cool the blood
- To circulate the oxygenated, filtered blood back into patients arterial system



# Care of patient with heart surgery

- **Preoperative phase**
  - Starts before hospitalization
  - Assessment of disorders
  - Provide information's
  - Clarify the medication regimen



- X ray , ECG, Laboratory testing , Blood typing and cross matching





- **Focuses of health assessment**

- Physiological, psychosocial, social information

- Patients and families learning needs

- Patients usual functional level, coping mechanisms, and support system



- Health history

- Importance of preoperative history and health assessment
- Assessment of the functional status of cardio vascular system
- Alterations in cardiac output can affect other systems of the body
- Patients history of
  - ✓ Major illness
  - ✓ Previous surgeries
  - ✓ Medication therapies
  - ✓ Use of drugs
  - ✓ Use of alcohol and tobacco

- **Physical assessment**

- General appearance and behavior
- Vital signs
- Nutritional and fluid status, weight and height
- Inspection and palpation of heart
- Auscultation of heart
- Jugular venous pressure
- Peripheral pulses
- Peripheral edema

- **Psychosocial assessment**

- Importance of psychosocial assessment of the patient and family
- Assessment of level of anxiety
- Nurse allow the patient and family to express their fear
- Patients are approached as unique individuals with their own specific learning needs, learning styles, and level of understanding

- Nursing diagnosis

- Fear related to the surgical procedure, its uncertain outcomes, and the threat to well-being
- Deficient knowledge regarding the surgical procedures and post operative outcome



**Cardiac Surgery  
Intensive Care  
Unit**





# Intraoperative nursing care

- Assessment and prepare the patient for the operating room and recovery experience
- Identify the changes in patients status
- Procedures are explained before they are performed

Application of electrodes and continuous monitoring of indwelling catheters, and an SpO<sub>2</sub> probe

- Insert the intravenous lines
- Assess and prevent intraoperative complications
- Responsibilities of nurse

- Assist the surgical procedures



# Post operative care

- Maintaining hemodynamic stability and recovery from general anesthesia
- Transfer the patient to post anesthesia care unit or intensive care unit
- Care focuses on
  - wound care
  - progressive activity
  - nutrition

- **Assessment**

- **Neurological status**

level of responsiveness, pupil size and reaction to light, reflexes, facial symmetry, movement of extremities, and hand grip strength

- **Cardiac status**

heart rate and rhythm, heart sounds, arterial blood pressure, CVP, pulmonary artery pressure, PAWP, systemic and pulmonary artery resistance, pulmonary artery oxygen saturation

- **Respiratory status**

chest movement, breath sounds, ventilator settings, respiratory rate, ventilatory pressure, arterial oxygen saturation, arterial blood gases

- **Peripheral vascular status**

peripheral pulses; color of skin, nailbeds, mucosa, lips and ear lobes; skin temperature; edema; condition of dressing

- **Renal function**

urinary output, urine specific gravity and osmolality

- **Fluid and electrolyte status**

intake and output from all drainage tubes

- **Pain**

nature, type, location, duration

- **Observing all equipment and tubes**

- Endotracheal tube
- Ventilator
- End tidalCO2 monitor
- SpO2 monitor
- Pulmonary artery catheter
- SvO2 monitor
- Arterial and intravenous lines
- Intravenous infusion devices and tubing
- Cardiac monitor
- Pacemaker
- Chest tubes
- Urinary drainage system



- Assess the psychological emotional status
- Assess the families needs
- Assessing for complication

## ➤ **Decreased cardiac output**

- Causes -
- preload alterations
  - afterload alterations
  - heartrate alterations
  - contractility alterations

## ➤ **Fluid volume and electrolyte imbalance**

monitoring cardiac output, weight, PAWP, left arterial pressure and CVP reading, hematocrit levels, distension of neck veins, edema, liver size, breath sounds, and electrolyte levels

## ➤ Impaired gas exchange

- Provide endotracheal tube with ventilator assistance
- Assessment of impaired gas exchange
  - Restlessness, anxiety, cyanosis of mucous membrane and peripheral tissues, tachycardia, fighting the ventilator
- Assess the breath sounds
- Detect fluids in lungs and monitor lung expansion
- Monitor arterial blood gas values

## ➤ Impaired cerebral circulation

- Assess the symptoms of hypoxia, restlessness, headache, confusion, dyspnea, hypotension, cyanosis
- Assess patients neurological status

## • **NURSING DIAGNOSIS**

- Decreased cardiac output related to blood loss and compromised myocardial function
- Impaired gas exchange related to trauma of extensive chest surgery
- Risk for fluid volume and electrolyte imbalance related to alterations in blood volume
- Disturbed sensory perception related to excessive environmental stimulation, sleep deprivation, electrolyte imbalance
- Acute pain related to surgical trauma and pleural irritation caused by chest tubes and internal mammary artery dissection
- Ineffective renal tissue perfusion related to decreased cardiac output, hemolysis, or vasopressor drug therapy



**Thank you**