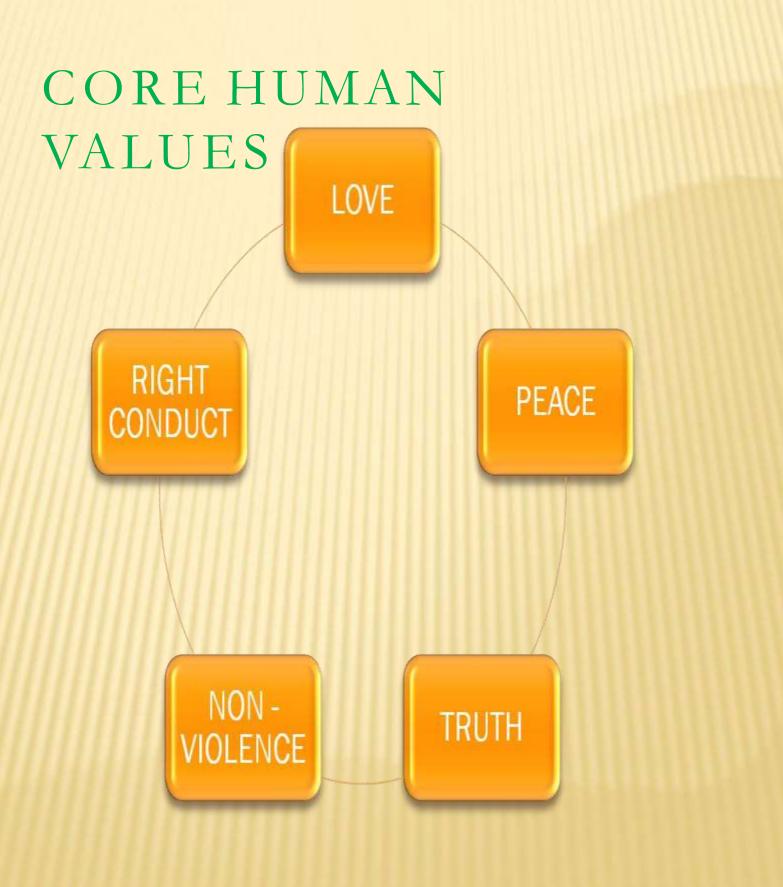
- It is a process of swatantra and swarajya starting from exploration of swatva.
- Swatva-natural acceptnce of harmony
- Swantantra-Being self organised
- Swarajya-Self-expression

## HUMAN VALUES VS MORALVALUES

- Moral values regard matters of right and wrong whereas Human values help a person to distinguish between right and wrong.
- Moral values are constant and unchanging whereas Human values change from person to person and from time to time.
- Moral values are for self development and self discipline whereas Human values is about how we treat others in society.
- Moral values can be taught whereas Human values are inherited values and are intact in all of us.



- Love: Unconditional and unselfish care
- Peace: Control the mind
- Truth: Indispensable ethical discipline
- Non- Violence: means respect for life and recognition of rights of others.
- Right Conduct: Truth in action is right conduct " Thinking with Love is Truth, feeling wiyh Love is Peace, acting with Love is right conduct, understanding with love is non-violence."