

# PROCESS OF SELF EXPLORATION



-It is a proposal

. Don't assume it to be true

. Verify it at your own right

- Not on the basis of scriptures

- Not on the basis of reading from instrument

- Not on the basis of others

- Self verification

# BASIC HUMAN ASPIRATIONS

We desire for many things in this world, say materialistic needs, respect, recognition, love, trust etc, but in the form of all these we aspire for true and continuous happiness and prosperity.

Happiness: “To be in a state of liking is happiness.” “To be in a state of harmony is happiness.”

Prosperity: Feeling of having more than required physical facility.

For prosperity two things are required –

1. Identification of the quantity required for physical needs &
2. Ensuring availability / production

A big car

Happiness

A great House

Lot of Money

Respect

Good friends

A nice music system

Peace of mind

Do social work

Satisfaction

Be loved

Take care of my parent

A good laptop

Not get angry

Knowledge

Become a politician

Have a great food

Get good marks

A good guitar

Understanding the purpose of life

Be healthy

Protect nature



# BASIC REQUIREMENT FOR FULFILLMENT OF HUMAN ASPIRATION

