

# TYPES OF HUMAN VALUES AND THEIR SUB VALUES



Truth	Right Conduct	Love	Peace	Non-Violence
Truthfulness	Manners	Kindness	Patience	Consideration
Creativity	Health awareness	Friendship	Concentration	Cooperation
Honesty	Helpfulness	Forgiveness	Positiveness	Loyalty
Determination	Responsibility	Generosity	Self Acceptance	Justice
Fairness	Independence	Compassion	Self Discipline	Respect
Trust	Perseverance	Tolerance	Thankfulness	Active Citizenship
Reflection	Courage	Service	Contentment	



# WATCH YOUR

WORD  
for  
TRUTH

ACTION  
for  
RIGHT  
CONDUCT

THOUGHT  
T for  
PEACE

CHARACTER  
for LOVE

HEART for  
NON-  
VIOLENCE

# APPROACHES OF HUMAN VALUES



- There are two main approaches these are:
  1. The direct method
  2. The inter-curriculum and extra- curriculum method
- **The direct method-** uses five proven teaching techniques, they are:
  - Thought for the day
  - Stories
  - Values based songs
  - Activities
  - Silent sitting

# THE INTER-CURRICULUM AND EXTRA-CURRICULUM METHOD

- Organize various clubs like nature club, adventure club, literature club in the school as a mean of personal growth helping individual students to clarify their own thinking through personal experience, to express their ideas and reflect upon and modify attitudes. This will also help the students in a group to know each other as individuals grow together in a group, deepening their relationship and learn to tolerate each others, differences.
- Design projects and suggest themes for project work.