



# H<sub>1</sub> AND H<sub>2</sub> RECEPTOR ANTAGONIST



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- Brief introduction about **Histamine**.
- Antihistamine introduction and classification.
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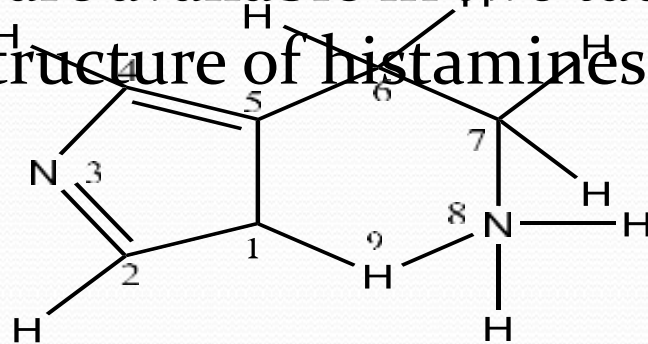
# INTRODUCTION:

**Histamine is a chemical messenger which are synthesized in the mast cells.**

Structurally histamines is 4-(2-aminoethyl)-imidazole.

The histamines are available in two tautomeric forms.

The general structure of histamines looks like.



Generally histamines are found in the animal tissue, venoms of insect, bacteria and plant.

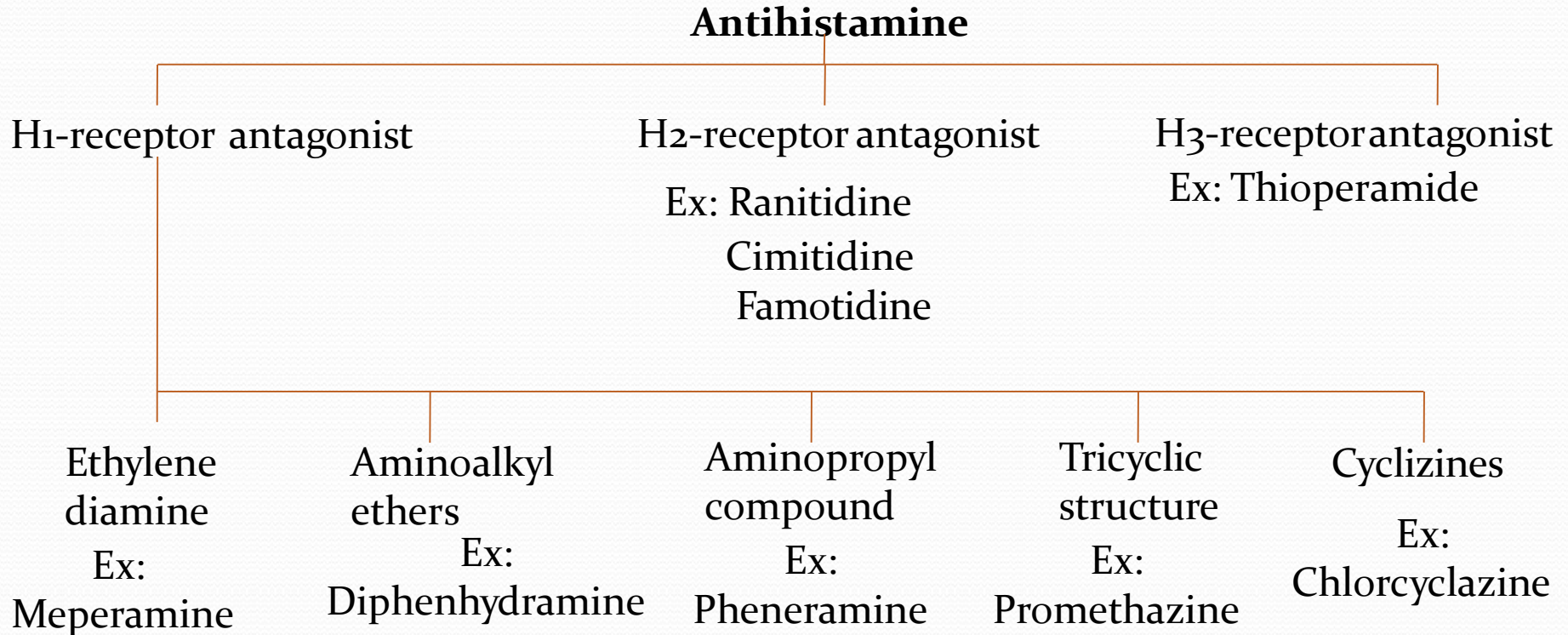
Pharmacologically histamine causes the **vasodilatation of capillaries** and which **increase the rate of flow** and this cause **edema, increase heart rate, stimulate gastric fluids** and which lead to the **formation of ulcers**.

The human body contains histaminic receptor and are divided into three different types upon their action.

1. **H<sub>1</sub>-receptors**
2. **H<sub>2</sub>-receptors**
3. **H<sub>3</sub>-receptors**

NAME OF RECEPTOR	PLACE WHERE IT PRESENT IN OUR BODY	ANTAGONIST FOR RECEPTOR
H <sub>1</sub> Receptor	Smooth muscle, Intestine, Bronchi & Blood vessel	Mepyramine
H <sub>2</sub> Receptor	T-lymphocyte, Basophile & Mast cell	Cimetidine, Ranitidine
H <sub>3</sub> Receptor	Neuron ( This receptor help to release the histamine and other transmitters).	Thioperamide

**ANTI-HISTAMINES:** These are the agents which block the action of histamines.  
**Classification:**



# H1 receptor antagonist (Classical histamine):

## INTRODUCTION:

In the year 1933 the first drug **Piperoxan** invented by **Bovet & Furnease**. This drug can protect the animal from **bronchial spasm**. This drug is the initiation for the discovery of the H<sub>1</sub>-receptor antagonist.

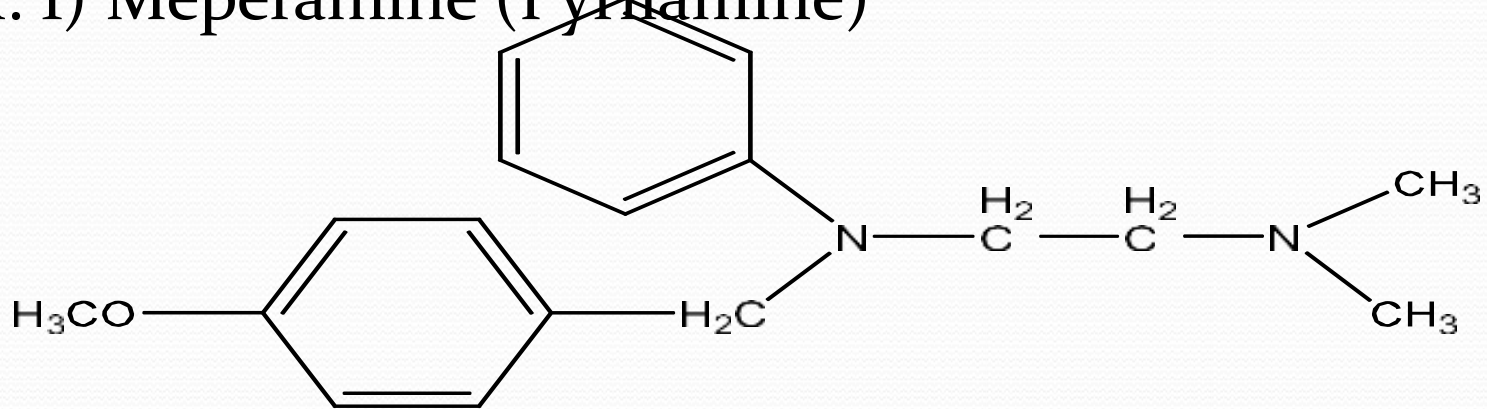
In the year 1942, **Halpen** researched and reported about 24 derivatives of ethylene diamine in which **Phenbenzamine** was found to be most potent and this is the first H<sub>1</sub> antagonist and clinically



# Classification:

- Ethylene diamine derivative

Ex: 1) Meperamine (Pyrilamine)

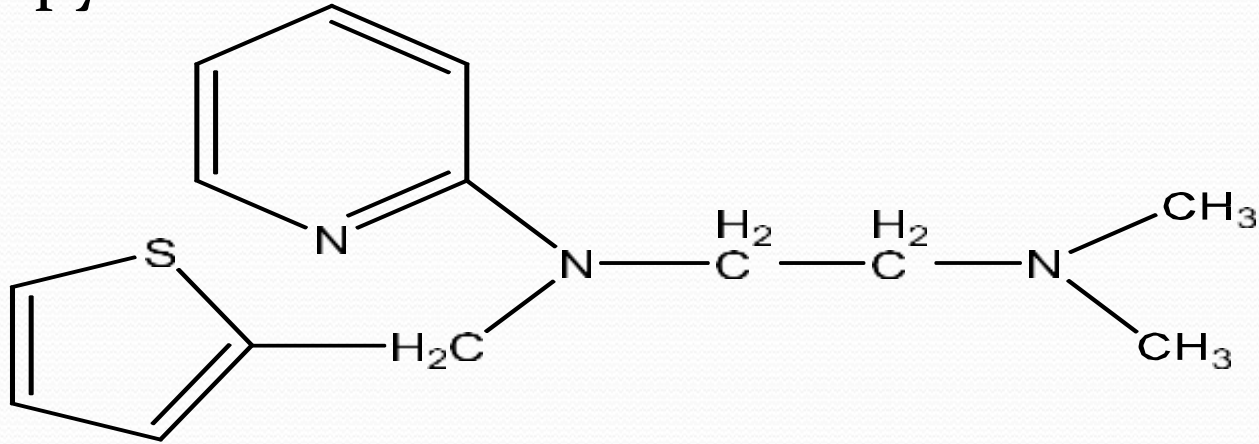


**Solubility:** Freely soluble in water & alcohol ; **Melting point:** 98-101°C

**Uses:** Antihistaminic,  
Antitussive,  
Less sedative



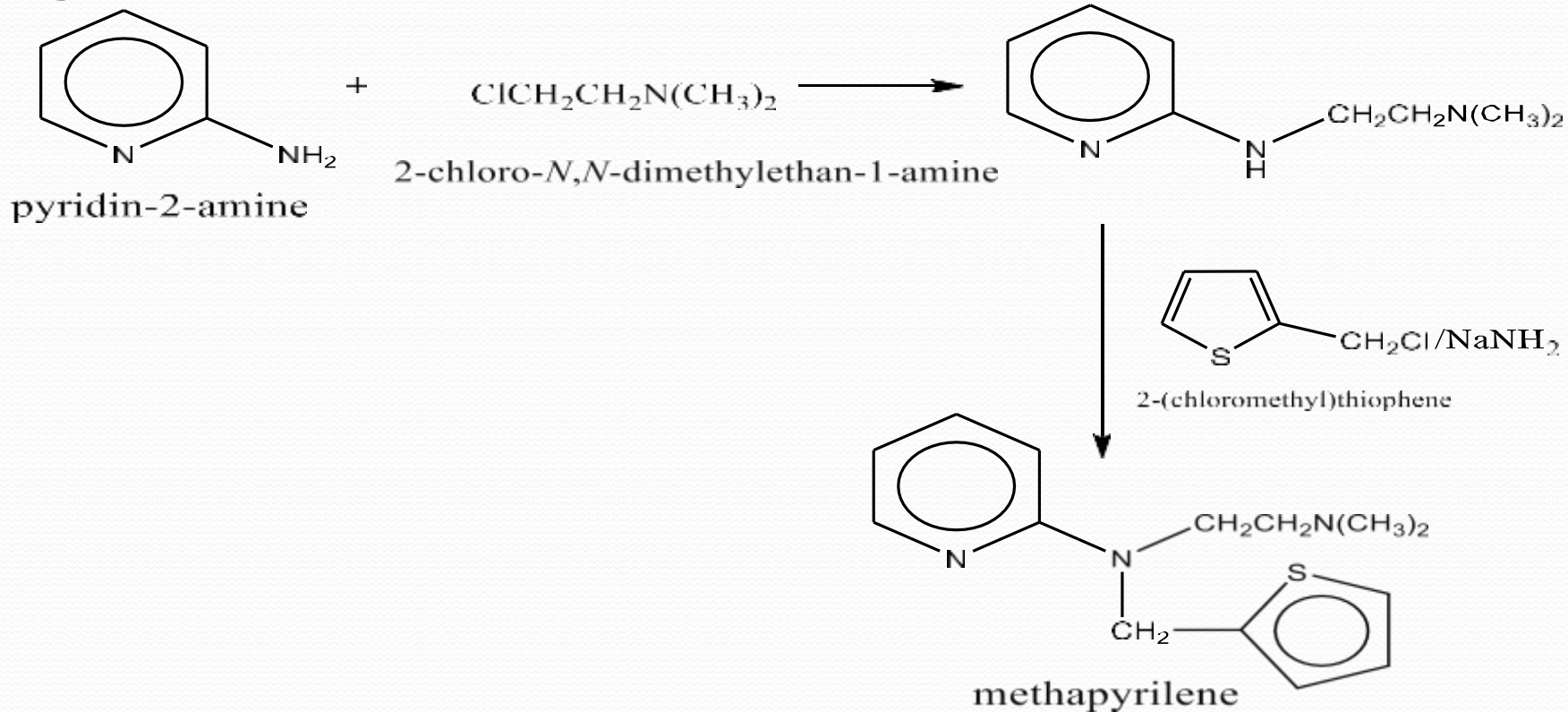
## 2) Methapyrilene:



**Melting point:** 324°F

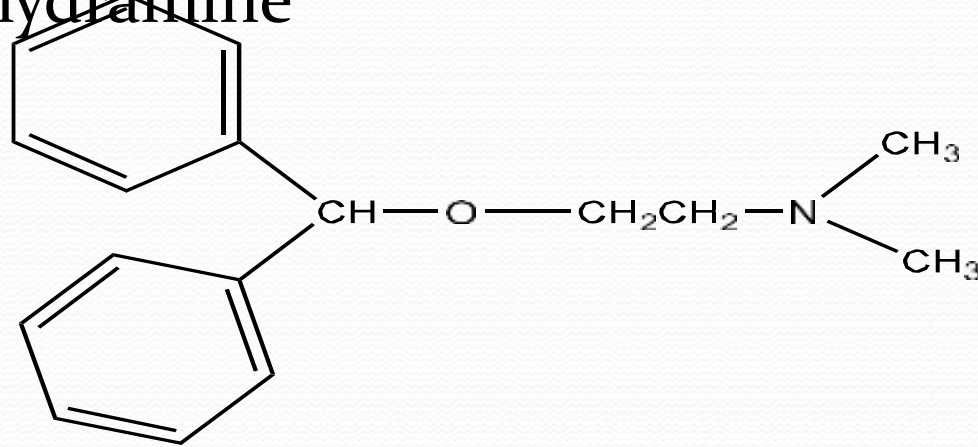
**Uses:** Antihistamine  
Anticholinergic  
Strong sedative

# Synthesis:



- Aminoalkyl ethers

Ex: 1) Diphenhydramine



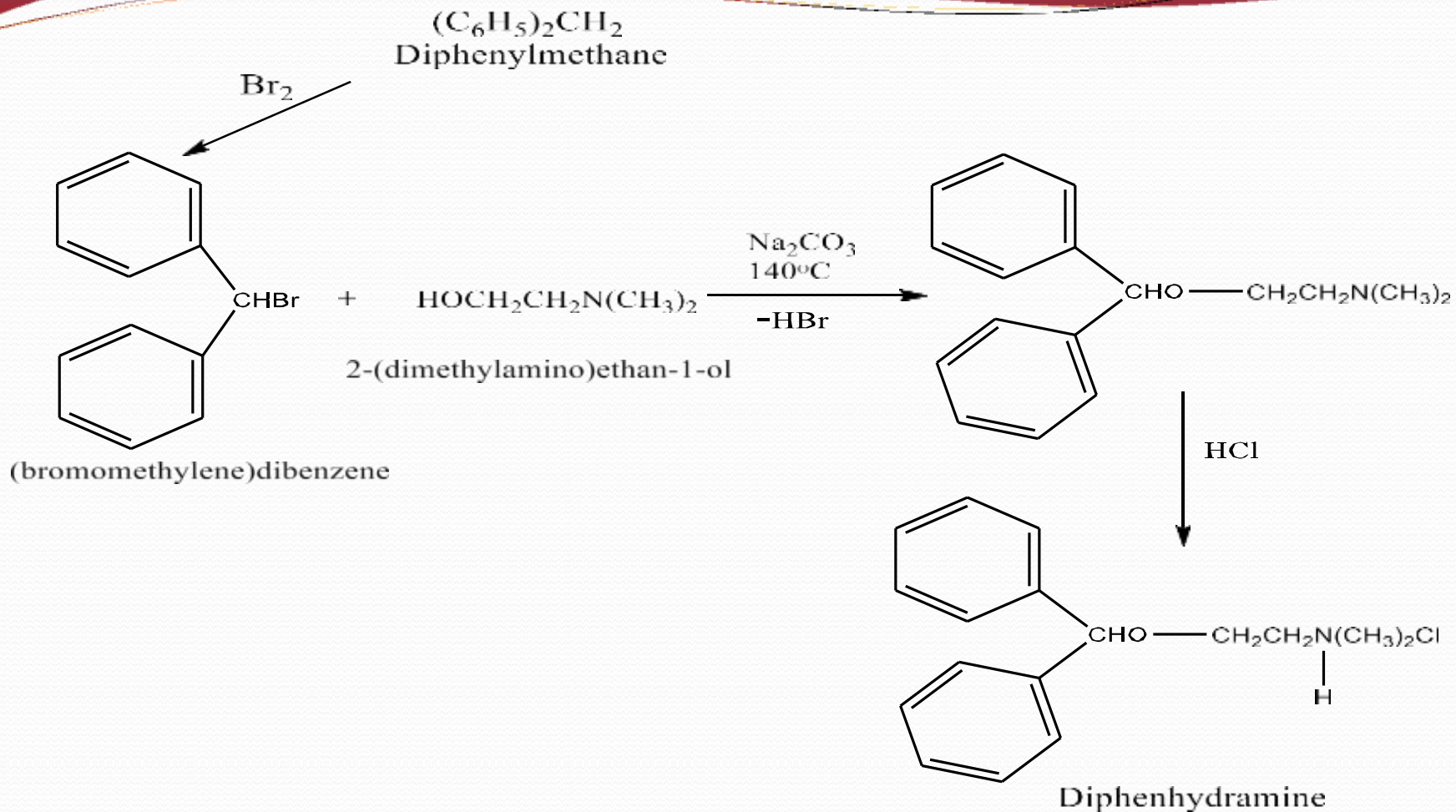
**Solubility:** Freely soluble in water & alcohol ; **Melting point:** 168-172°C

**Uses: Anticholinergic**

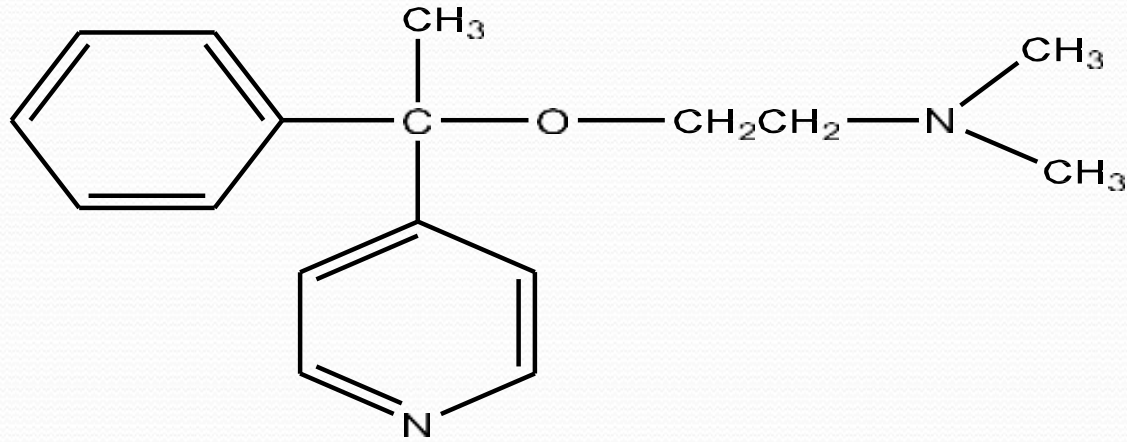
**Sedative**

**Treat motion sickness**

# Synthesis:



## 2) Doxylamine:



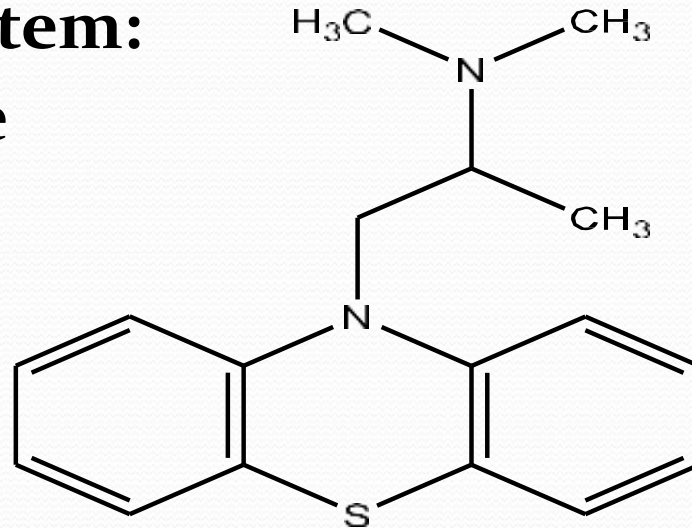
**Melting point:** 100-104°C

**Uses:** Antihistamine

**Short-term sedative**

- **Tricyclic ring system:**

Ex: 1) Promethazine



promethazine

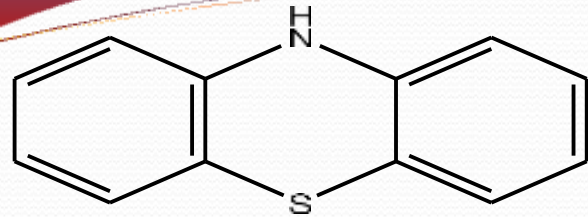
**Melting point: 446-450°F**

**Uses : Anti emetic effect**

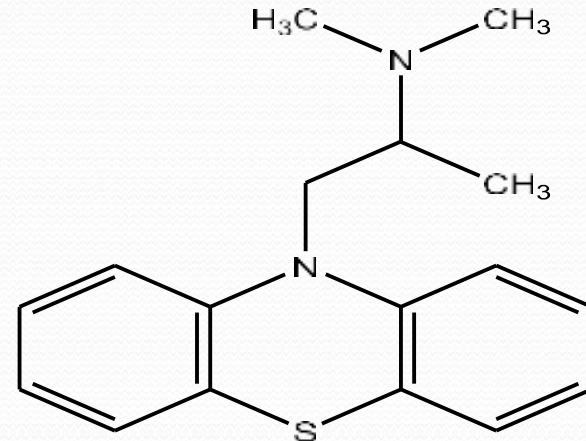
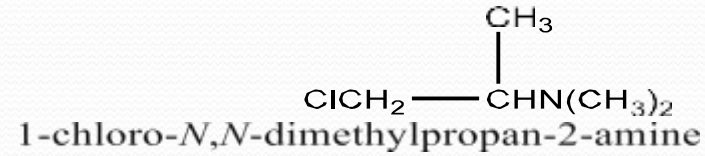
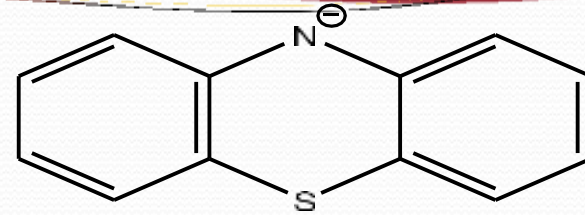
**Tranquilizing action**

**Analgesic and Sedative effect**

# Synthesis:



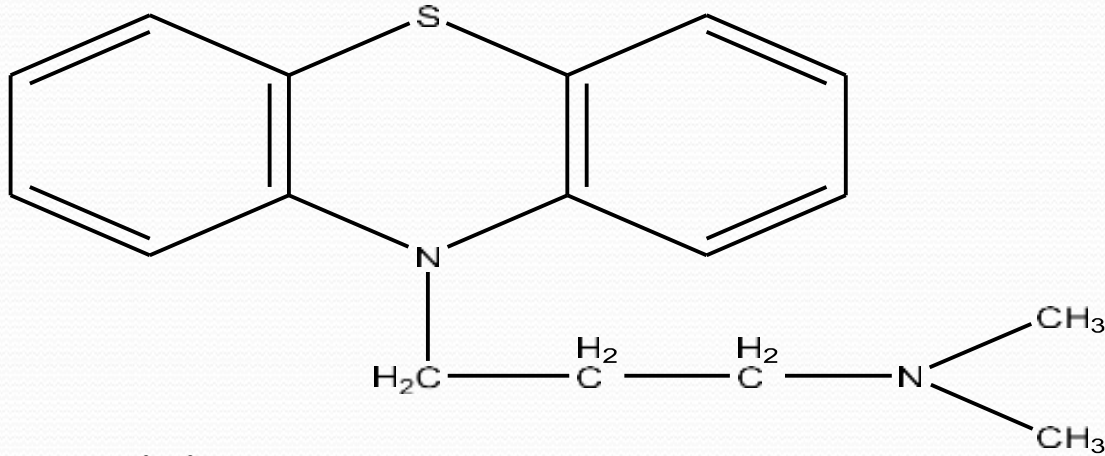
phenothiazine



PROMETHAZINE



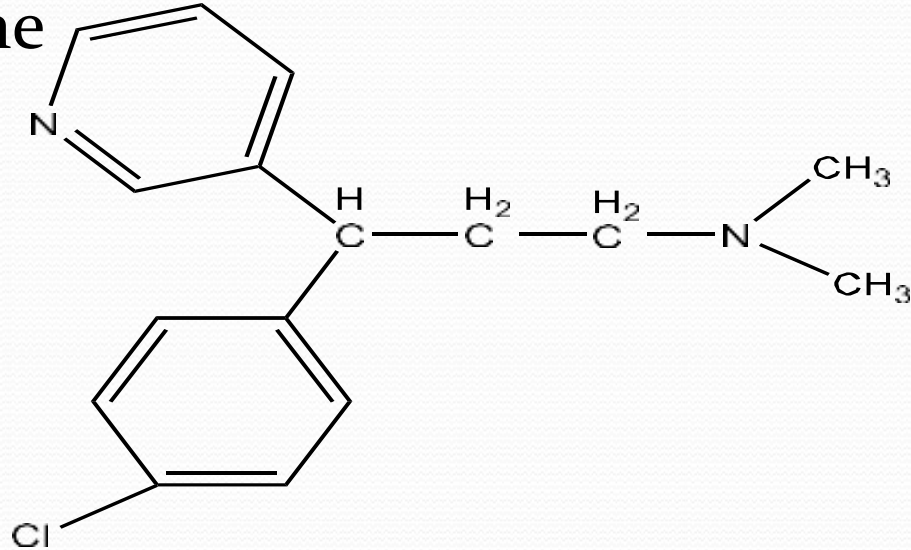
## 2) Trimeprazine (Alimemazine):



**Uses:** Antipruritic  
Antiemetic  
Sedative and Hypnotic

- **Propylamine derivative**

Ex: Chloropheneramine



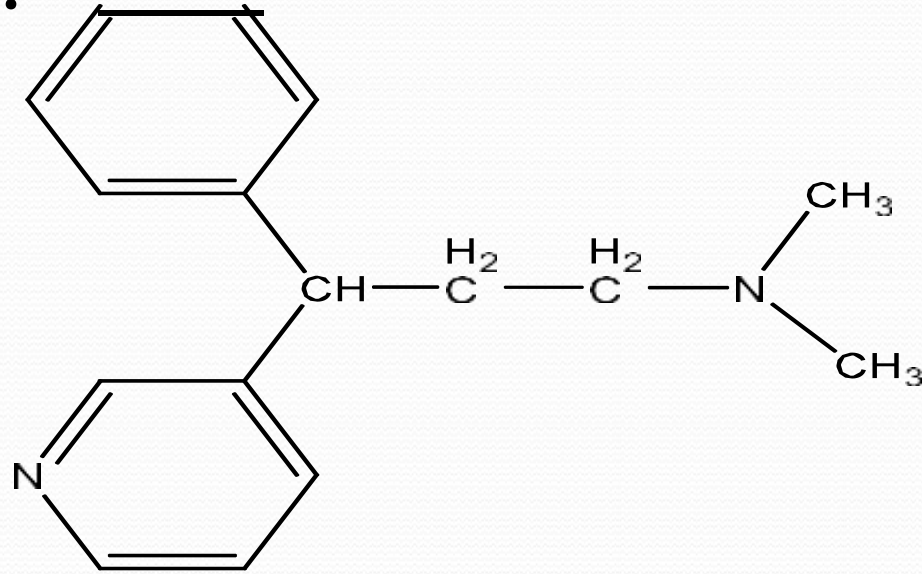
Melting point: 130-135°C

**Uses :** Effective in **allergic** and **vasomotorrhinitis**.

Adjunct therapy in **anaphylactic shock**.

Antitussive .

## 2) Pheniramine:

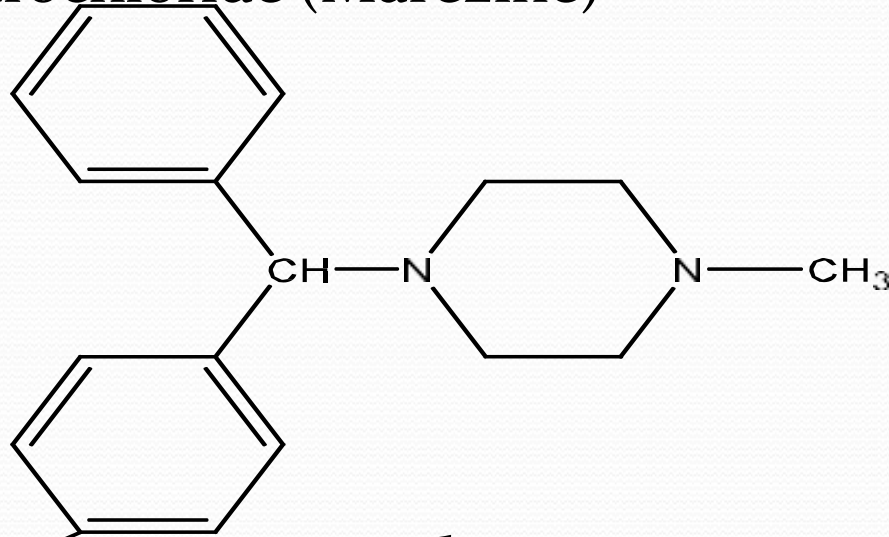


**Melting point:** 104-108°C

**Uses:** Antihistamine

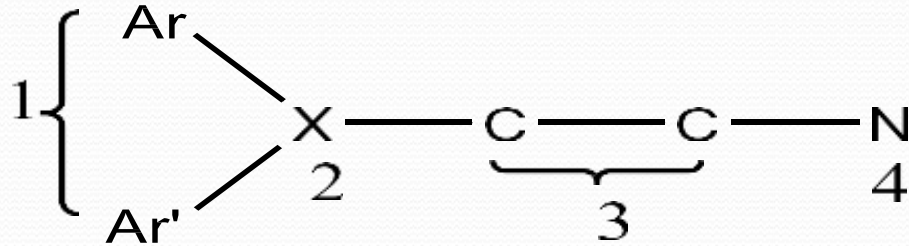
- **Cyclic basic chain analogues:**

Ex: Cyclizine Hydrochloride (Marezine)




**Uses:** Used in the treatment of **Melting point: 108°C** motion sickness.  
**Prophylaxis.**

# SAR of H1 receptors

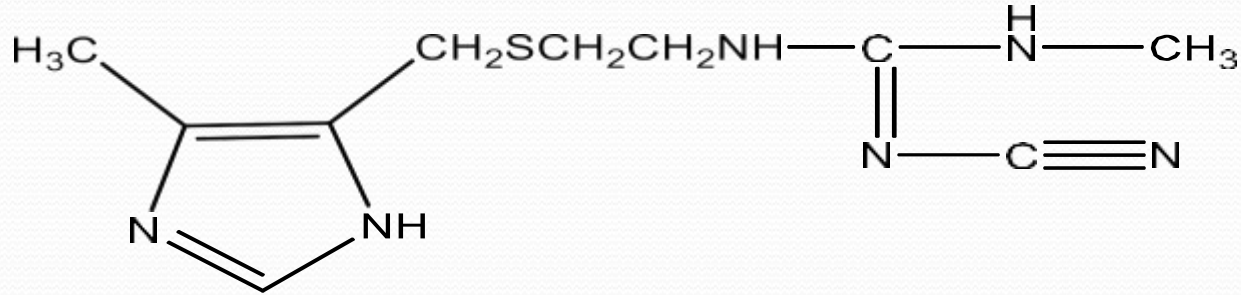


- In the above general structure, **Ar** is aryl group and **Ar'** is **aryl** or **aryl methyl** group
- In the general structure the **X** part determines the **class of drug** to which that belongs i.e. if  $X=O$  (amino alkyl analogue),  $X=N$  (Ethylene diamine derivative).

- 
- Most of the H<sub>1</sub> antagonists have ethylene chain, extension of this chain or branching of this chain lead to reduce the activity of the compound.
  - Homologation played to improve the drug like **tricyclic anti-depressants, neuroleptics**.
  - Due to the closer resemblance of **antihistamine structure** to the **cholinergic blocking agent**, most of the antihistamines show the activity of **anti-cholinergic activity**.

# H2 receptor antagonist:

- Cimetidine

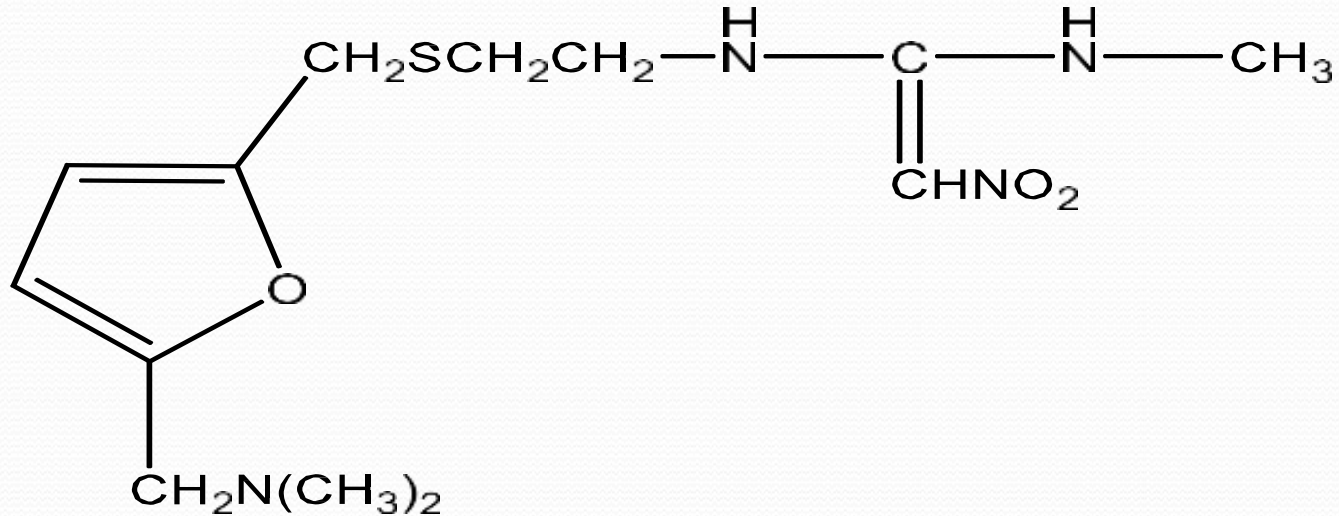


Uses: To treat ulcer

Used to treat gastroesophageal reflux disease (GERD)



## 2) Ranitidine (Zantac):



Uses: To treat ulcer

Used to treat gastroesophagal reflux disease  
(GERD)

Zollingers-Ellison Syndrome

- **Mechanism of action:**

Ranitidine



Competitively block H<sub>2</sub> receptor



Histamine cannot act

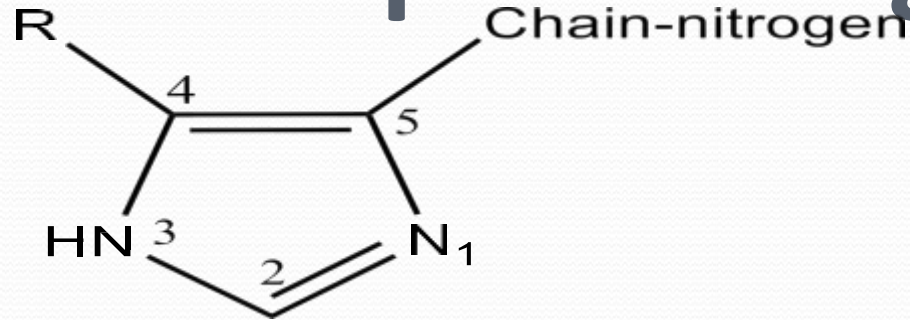


Decrease cAMP formation

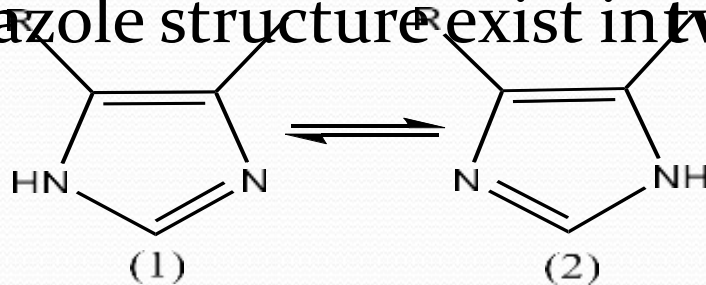


Reduce acid secretion

# SAR of H<sub>2</sub> receptor antagonist:



- In the H<sub>2</sub> receptor, **imidazole structure** believed to be **important for receptor action**.
- The imidazole structure exist in **two forms**.



- The form (1) seems to be necessary for maximal H<sub>2</sub>-antagonist activity. Where the R is substituted with CH<sub>3</sub> the activity becomes potent.
- Chain of four carbon atom is optional for the activity, shorter chain drastically lowers the activity. The presence of thioether (-S-) in the methylene place (-CH<sub>2</sub>-) lead to more activity.
- The presence of terminal N group increase the activity.

# Reference:

- A text book of Medicinal chemistry (vol-1) by Suresh N. Pandeya.
- Principles of Medicinal Chemistry (vol-2) by Kadam.
- Medicinal chemistry by Ashutosh Kar.
- Internet



THANK YOU